Issue 7.5 May 1, 2024



My Two Cents

The hardest part about grant writing is waiting to hear if it has been awarded or not. Just the other day I received notice that we had been awarded a nearly \$10,000 grant from NYS Dept of Markets & Agriculture to expand our grow Jamestown programming to a new partner, the YWCA.

Although the sum is not excessive, it allows us to fund the core operations of our CSA and Monday Night programs. Using USDA evidence-based curriculums, Jessica Frederick will offer three or four cooking demonstrations with the children and families who are enrolled in the early childhood education program/daycare (where her daughter Penelope goes). Similarly, Nick Weith will offer two cooking demonstrations for the women and the families that live in the transitional housing at the YWCA.

The grant also gives us an opportunity to invite these children and family into our space. Children from the three and four year old classes will come on certain Wednesdays to help sort the CSA vegetables. And we will invite all the families of the YWCA to

THE VOICE

Honored Guest, Cherished Host

Recently, I was running an errand to drop off a few household items to one of our new neighbors from Syria. I pulled up in front



of their home on a busy side street, flipped on the hazard lights on the box truck, and scrambled out to begin the unloading process. After a quick few minutes, the task was done, but before I could drive away, I realized the family was summoning me inside to show me something. I slipped off my shoes to discover the whole family assembled in the living room around a pot of mint tea and heaping platter of Middle Eastern cookies.

As we chatted and enjoyed each other's company, I found myself transported to another world of gracious hospitality, and I felt like an honored guest. Although I was bringing them donated furniture, I was the one being served. It dawned on me: This is









participate in a special Monday Night Cafe. This grant offers us some dollars to operate, but more importantly, it creates the opportunity to connect with our neighbors across the street. (Luke Fodor, Rector)

May Blue Bag



St. Luke's Blue Bag Ministry is collecting for the JHS We Gotcha Closet, which supports high schoolers in need. The Wish List is:

- deodorant
- girls socks and underwear (new only)
- girls leggings (small or medium)
- boys sweatpants (smalls and mediums)
- backpacks
- canned foods (spaghettios, canned fruit, etc.)
- boxed snack foods (granola bars, pop tarts, crackers)
- freezer bags (gallon/quart)

Please return your Blue Bag donations **Sunday, May 19th.**

Pentecost Day

On **May 19th** we celebrate the the birth of the church on Pentecost by wearing **RED**.

the very nature of church. It is a world beyond transactional giveand-take. At church we move beyond simple bianaris and we come both as honored guest, and as a valued host. We enjoy each other's company, extending and receiving the full breadth and depth of our common humanity.

At a recent ushers meeting, we had a conversation about how to welcome families and individuals as they arrive at church. As a downtown church on a busy crossroad, we welcome people from all walks of life. Some drive from other counties, while others may walk from downtown apartments, and still others may come in having slept outside in our courtyard the night before.

During the ushers training, we discussed safety, and what it means to welcome our community. St Luke's is not a charity or social service entity that serves clients. No, it is a community that welcomes everyone in the name of Jesus. What we have to share is our community—a space where we respect the dignity of every human being. In community we discover a deep sense of belonging and our true identity as both the honored guest and the one who serves.

We are not a warming shelter or a soup kitchen where clients are served. We are more than that. It is the warmth of community that melts down barriers of us and them. And we do that when we respect our own personal dignity and set appropriate boundaries with love and grace. We do not enable at St Luke's, we empower. This can be a difficult tightrope to navigate, which is why praying for the Holy Spirit's guidance is a must. (**Luke**

Fodor, Rector)

News from the St. Luke's Vestry

At our April meeting, Vestry reaffirmed its commitment to facilitate and deepen parish engagement through three goals which were identified at the Vestry retreat. Those goals are

- To improve communications within Vestry and across the congregation to create more transparency about our work and to share its actions with the congregation.
- To nurture connections by developing intentional processes to welcome new congregants while supporting all parish members.
- •To coordinate parish events initiated by Vestry.

Serving on the communications committee are Kim Mann, John Pickett, and Duane Richetti; serving on nurturing connections are Norma DeJoy, Linda Johnson, Paul Johnson, and Patrick Monaghan; and serving on coordinating events are Brian Kearney, Tiffany MacCallam, and Kris Morrison. At the May Vestry meeting, each committee will name a chairperson, identify its goals, set timelines, and anticipate how to achieve those goals.

Thank you to those who completed the Congregational Vitality Assessment Report. The report narrated and scored thirteen areas of church life ranging from vision through internal and external sustainability. Vestry will examine all our congregational variables as St. Luke's continues its self assessment. St. Luke's Vestry welcomes your input as we move forward. (**Duane Richetti, Warden**)

CSA Sign-Up NOW is the time to sign up for the CSA

Grow Jamestown is getting geared up for a full season of programming, markets, and events! Produce boxes range from \$200 to \$500 for the entire season.**NEW** this year: we are offering some special addons including a meat share, eggs and bread.

The CSA program will run from June through September. Shares will be available for pick-up at St. Luke's on Wednesdays from noon to 7pm. We are offering shares in three sizes (and price points):

Fun Size (\$200) - Perfect for an individual, couple, or family looking to introduce 3-4 unique and local veggies to your household weekly.

Family Size (\$375) - For households looking to try new produce options, with 5-7 fresh fruit/veggie varieties each week.

Full Size (\$500) - For larger families or households that LOVE their fruits and veggies and wish to receive larger servings of seasonal options.



Each week you'll receive an email detailing what to expect in your share, as well as suggested recipes of what to do with your veggies and tips for preserving their freshness.

This year you can also add on eggs, pork products, and fresh sourdough bread! All sourced, grown, and made right here in New York State and near Chautauqua County. Add on options include:

- Egg Share I dozen eggs from Conklin Family Ranch \$64
- Bread Share I fresh NY grown and baked sourdough loaf from Grain Bakery \$120
- Meat Share 2-4 lb. a week of locally raised pork products* from Conklin Family Ranch \$432

Find more information and to purchase your share, visit **itownpublicmarket.org**.

Ascension Day Evensong on May 9th at 7pm

As we come to the end of the programmatic year, we are wrapping up our Ron McEntire Choral Scholars Program with an Evensong on Ascension Day, **May 9th at 7pm**. Evensong was the work of our early

Service of Baptism

Our next regularly scheduled service of baptism will be held at on Pentecost Sunday May 19th. If you would like to arrange the sacrament of baptism for yourself or your children, please contact the parish office. In the Episcopal Church, there is no requisite age for baptism and all are welcome.

St Luke's Thrift Shop

St. Luke's Thrift Shop (409 Pine Street) has restocked all of the departments for spring and summer. Shoppers are welcome on Wednesdays, Thursdays and Fridays from 10 until 2. Clothing and household donations are accepted on **Tuesdays from 9 to noon** or by arranging a different time with the parish office (716-483-6504)

Coffee Hour Hosts

If you enjoy offering hospitality to friends and strangers - St. Luke's needs **you!** Well, we *always* need you, but in this particular instance we're looking for folks willing to host coffee hour after our 10 am service. To volunteer, there's a sign up sheet during coffee hour, or contact Office at (716) 483-6405.

Wednesday Group

Join us for Wednesday Group Eucharist on **May 22nd**, the 4th Wednesday of May at 11:30 am in the Undercroft lunch to follow. All are welcome. If you need transportation, contact the parish office, at 483-6405. ancestors in the
Reformation, celebrating
the daily office liturgy,
combining the previous
Roman Catholic Services
of Vespers and
Compline, using both
the Magnificat and the
Nunc Dimittis. Our
Choral Scholars have
been busy these last few



months, singing in liturgies for Holy Week, as well as regular members of the choir and cantors. They have also begun work with children's choral methods and will conduct the last two performances of the children's choir this year.

The Ascension Day Evensong will be presented through the liturgy, interspersing the sacred music repertoire the scholars have been working on during the term. The Prelude will be provided by Ron himself, pieces he recorded on the console of the organ (isn't it amazing we can keep a part of him alive?). After the conclusion of the liturgy, the scholars will perform their secular rep, spanning from the Elizabethan Age to recent musical theatre. It is promising to be a beautiful night to feature these amazing singers, and honor Ron. (Loren Masánqué, Minister of Music)

Mother's Day Brunch on May 12

Join us after church on **Sunday, May 12th**—
as we celebrate the mothers in our lives...
as well as the ways in which we mother one another regardless of our gender.

Traditionally, the men of St. Luke's cook, but all are welcome to take



part (quiches, soufflés, and other treats) and serve at this event. To get involved, contact Steven Cobb at (716) 499-5142.

St. Luke's to Host Regional Confirmation

St. Luke's will be hosting a regional confirmation service on **Sunday**, **May 19th at 3pm** when Bishop Sean comes to offer sacramental affirmation to those looking to recommit themselves to the faith or to publicly associate with the Episcopal Church. If you would like to be a confirmed member in the Episcopal Church, please contact the Rector and let him know. Confirmation is not required for membership at St. Luke's—if you show up more than a couple times we consider you a member!



Education for Ministry Celebrates Luncheon on May 19th



The participants in the St. Luke's Education for Ministry Program are celebrating the end of another year with a luncheon on May 19th at noon at the Olive Garden. Education for Ministry is a four-year, time-honored, college-level adult formation program that covers the Old and New Testaments, church history, theology, ethics, and interfaith encounters. EfM operates like a one-room schoolhouse, with students in each of the four grade levels meeting together weekly and discussing each level's specific reading assignments (first year students read the Old Testament, second year students the New Testament, etc.).

The current St. Luke's EfM group meets from 6:00 to 8:30 on Thursday evenings on ZOOM, and we all delight in our occasional in- person social events. We are a strong and supportive community that is always happy to welcome new members. For more information, please contact Karl Costello (mentor) at kbc362000@hotmail.com

New Neighbors Update

New Neighbors Coalition Bike Event: Bike to Work Week

In October 2023, with the generous support of Matt Canby from Pearl City Cycle and community donations, New Neighbors Coalition donated over 20 bikes and helmets to new neighbors to help facilitate transportation needs. We are planning another event on **May 10th at 4pm** in the St. Luke's Undercroft, in honor of Bike to Work Week, which is held from May 13-19th. Similar to the last event, the goal is to provide newly arrived immigrants who have come to our region since October with a functional donated bike, a helmet, and a [no]crash course in road safety for bikers.



Here is the link to the Post-Journal's feature on our previous event: Ready To Ride: Nearly 20 Donated Bicycles Given To City's New Neighbors

Community Call to Action

Do you have a gently used bicycle sitting in your garage or storage unit? Instead of letting it collect dust, why not donate it to someone in need? Your donation can make a significant difference in someone's life by providing them with a means of transportation to school, work, or other essential destinations. Bicycles in need of minor reparations are also accepted. We also need financial donations to purchase helmets.



In addition to bikes, we are again collecting household items to outfit our New Neighbors apartments in advance of their arrival. Do you have any dressers, dining tables, end tables, nightstands, chairs, TVs, sofas/couches, loveseats, and lamps you'd like to donate? Please contact Ed Vos, our furniture coordinator or call the St. Luke's office and we can pass the message along. We are also seeking non-furniture household items such as pots & pans, dishes, sheets, small appliances, etc. These can be dropped off every Monday from 10am-2pm at the Jamestown Journey's End office located in the Chautauqua Works building at 4 E 3rd St. Just let the front

desk know you have donations for Journey's End! For further donation instructions, please contact Momina Di Blasio at momina@stlukesjamestown.org or call St. Luke's Episcopal Church at (716) 483-6405.

Annual Parish Picnic at Camp Onyahsa - Sunday, June 2nd

We'll celebrate Holy Communion, recognize our church school kids and teachers, listen to high school senior Grace Anderson preach the sermon and enjoy a feast at a potluck lunch that you provide. We might even find someone brave enough to take the plunge and get baptized in the Lake! Lake activities will also be available following lunch time—including swimming and kayaking .To help you decide what to bring to the picnic try this:



Last names: A - I - a "main dish" or salad; J - Q - snacks or appetizer; R - Z - dessert / fruit

Also, bring along your own table service: plates, plastic-ware, serving utensils and something other to grill, if you desire. St. Luke's will provide: hot dogs, hamburgers and buns; ketchup, relish & mustard; lemonade and coffee; and extra plates, plastic utensils, and cups.



Have You Met Yet? Emily Boskat

Hi my name is Emily Boskat! I have lived in Jamestown most of my life, with the exception of a couple years in CT and WV. I have an older brother Chad, who lives in PA with his wife Amber, and a younger sister Ally who lives here in town with my dad. My mom passed away in 2017 from Brain Cancer and I would love to talk with anybody about that. (Deacon Cathy actually did her service:-)) I am new to the church thanks to my friend Lori DeAngelo and we love it here! I am the Assistant Manager at Enterprise Rent A Car and I also Coach a 17 and under girls Travel Volleyball team here in town. (716 United Volleyball). Thank you so much for welcoming me and I can't wait to meet you all! **(Emily Boskat)**

Prayers of Thanksgiving and Birthday Party on May 26

Have you ever been far from home and family when it came time to mark important life events or holidays? I still remember the year that I celebrated Christmas in England and the professor who invited me over for dinner. I met Esperence Bijimire about a year own when we were first welcoming refugees into our community. Esperence had been part of an earlier wave of refugees and had moved to our community for a job. She helped us translate and supported the work. When I found out she was pregnant and there was no one to throw her a baby shower, we created



one last year on Mother's Day. A year later she wants to celebrate her daughter Lively's presence in the world. On May 26th, we'll offer special prayers of thanksgiving at Church and have a 1st birthday party for Lively at Coffee Hour. Please join us! (**Luke Fodor, Rector**)



Rituals of Grace

When we are raising our children, it can be a challenge to find rituals that install values and sustain wonder and joyful expression. The Rhythms of Grace program is designed to help create space and assist parents to find faithful rituals and endearing stories that will nurtures young minds and busy hands. Contact Jessica Frederick at 716.450.8450.



St. Luke's Episcopal Church + 410 North Main Street + Jamestown, NY 14701 (716)483-6405 + $\underline{www.stlukesjamestown.org}$ + $\underline{stlukes@stlukesjamestown.org}$

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